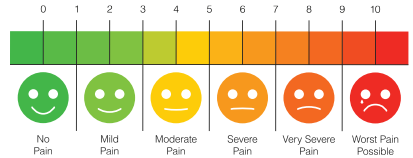




PAIN MANAGEMENT



**IN-PERSON
EVENT**

2022 GAUTENG PAIN ACADEMY

Date: 12 March 2022
Venue: The Capital on the Park
 101 Katherine Street, Sandown, Sandton

*Registration
now open*

PROGRAMME:

** Provisional programme. Subject to change.*

TIME	TOPIC	
12h00 – 12h30	Registration and Arrival Tea/Coffee	
SESSION 1:		Chair: Dr Michelle King
12h30 – 12h40	Welcome	
12h40 – 13h00	Digital health, social media and pain management	Jonathan Joshua
13h00 – 13h20	Translating pain knowledge into Practice	Tayla Olivier
13h20 – 13h40	Anti-inflammatory diets and chronic pain	Claire Strydom
13h40 – 14h00	Ketamine for the management of pain	Dr Reuben Naidoo
14h00 – 14h15	Q & A	
14h15 – 15h00	REFRESHMENT BREAK	
SESSION 2:		Chair: Dr Michelle King
15h00 – 15h20	Patient advocacy: Case study	Laequ Sujee
15h20 – 15h40	Calming techniques for anxiety and pain control in Children	Dr Karen van Zijl
15h40 – 16h00	Catastrophizing and chronic pain: Building resilience in patients and practitioners	Barbara Bayne
16h00 – 17h00	ETHICS: Ethical dilemmas due to the Covid-19 pandemic	Dr Michelle King
17h00	Q&A Closing	

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